

4v4 IN-HOUSE MATCH RULES



RULES

- Unlimited substitutions, can occur at any stoppage in play

KICK-OFFS

- Players start on endline next to their team's goal
- Game begins by coach rolling ball toward starting team or team that most recently gave up goal
- Opposing team can enter field once receiving team has possession of the ball

OUT OF BOUNDS

- Goal Kicks: opposing team retreats to half field
- No throw-ins, kick-ins, or corner kicks
- Coach will call out "new ball" and roll to opposing team of who touched the ball last, into open space

